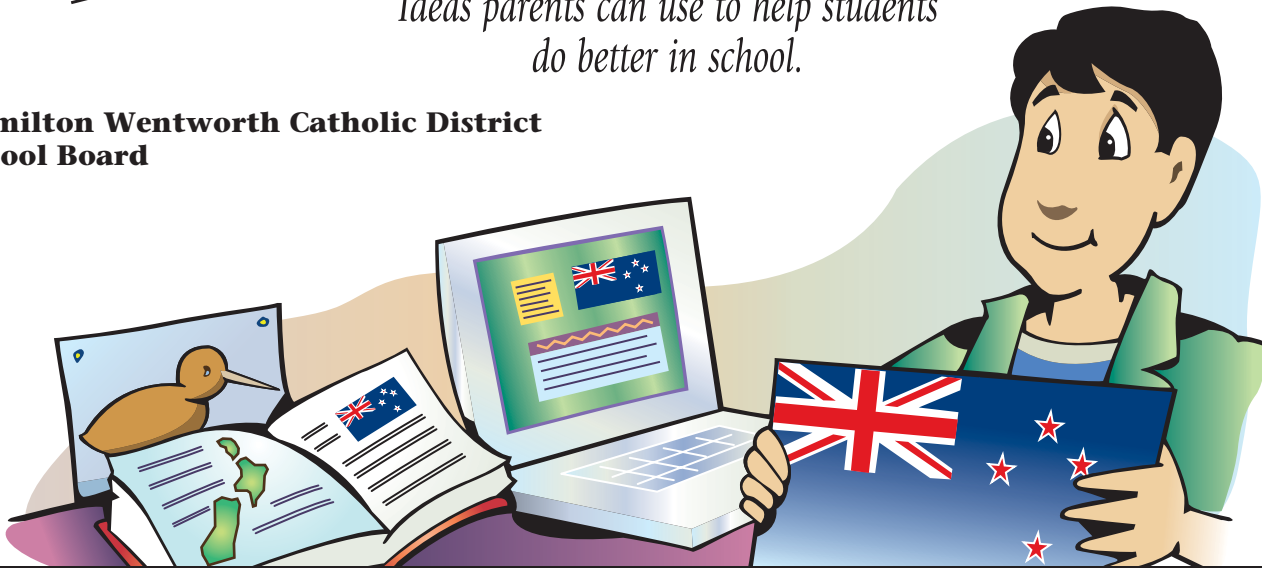


# Daily Learning Planner

*Ideas parents can use to help students do better in school.*

**Hamilton Wentworth Catholic District  
School Board**



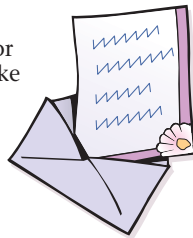
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## March 2009

### Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Talk with your child about the qualities you both look for in a friend.
- 2. Tell your child something you read in the newspaper. Have him guess which newspaper section it was in.
- 3. Keep a bowl of crunchy vegetables in the refrigerator. If you make it easy, your child may eat more healthy foods.
- 4. Ask your child to teach you how to play her favorite game.
- 5. Let your child build imagination by daydreaming.
- 6. Let your child stay up as late as he'd like—as long as he's reading.
- 7. Show your child her baby book.
- 8. Cook dinner as a family.
- 9. Tell your child a joke.
- 10. Thank your child for something today.
- 11. Ask your child to pretend he's mayor for the day. List three ideas that would make your community a better place.
- 12. Cut out a comic strip your child would enjoy. Place it where she will see it.
- 13. Exchange persuasive letters with your child. Try to convince each other of something.
- 14. Ask your child to help you figure out a way to make a favorite family recipe healthier.
- 15. Together, watch a movie based on a book your child has read. How are the versions similar or different?
- 16. Have your child list friends' names and phone numbers. This will come in handy for homework help.
- 17. Ask your child to take photos during a family outing.
- 18. Encourage your child to write a letter to a teacher or coach who has positively influenced him.
- 19. Go to an office supply store together. What products could help your child become more organized?
- 20. Suggest that your child bring a calculator to the grocery store. Can she use math to help you find the best deals?
- 21. Practice rounding prices to the nearest dollar with your child at a store.
- 22. Ask your child to guess the purpose of a school assignment. Knowing why something is important can be motivating.
- 23. Let your child invite a friend to stay for a family dinner.
- 24. Browse through your child's textbooks and talk about what he is studying.
- 25. Teach your child a helpful saying, such as, "If you fail to plan, you plan to fail."
- 26. Ask your child to go on a "fraction search" through the newspaper. Which sections have the most fractions?
- 27. With your child, learn how to count to 10 in at least three different languages.
- 28. Help your child compare two sizes of the same product. Which is the best buy?
- 29. Open an encyclopedia at the library to a random entry. Read it with your child and see what you learn.
- 30. Go on a nature walk with your child. What can you find?
- 31. Give your child a math-related household task to do. She could balance your checkbook or double a recipe.



**Helping Students Learn®**  
Tips Families Can Use to Help Students Do Better in School  
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# April 2009

## Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Encourage your child to try a new sport.
- 2. Read a story aloud as a family.
- 3. Help your child make a time line of her life.
- 4. Have your child write a letter to a company. He might write to express a concern or complaint.
- 5. Have all family members name their heroes.
- 6. Give your child a sincere compliment today.
- 7. Spend the afternoon reading the newspaper with your child.
- 8. Take your child to a high school sporting event. Ask about her goals for high school.
- 9. Ask your child to read the newspaper and circle the jobs he finds most interesting. Together, talk about the requirements for those jobs.
- 10. Make pizza as a family together tonight.
- 11. With your child, take a CPR class or read a book about CPR.
- 12. Suggest your child keep a notebook handy when reading. She can list words she wants to look up in the dictionary.
- 13. Have your child convert the miles you travel today into kilometers.
- 14. Let your child know that the things that make him unique also make him precious to you.
- 15. Ask your child to go through her room and pick out items she can donate to a charity.
- 16. Get a book of paintings from the library and look at it with your child. Can he identify painters by their works?
- 17. Ask your child to talk with a college student about campus life.
- 18. Watch a history program together.
- 19. Give your child a say in something, such as which movie to rent, what kind of pizza to order or which gift to buy.

- 20. Ask your child to imagine what life was like before TV. How did people get the latest news?
- 21. Go on a nature walk with your child. Bring pen and paper. Write down questions. Find answers at the library.
- 22. Does your child have a strong opinion about something? Encourage her to find facts to support her viewpoint.
- 23. Serve your child breakfast in bed as a special treat.
- 24. Give your child your last five grocery bills. Ask him to tell you the average amount you spent on food.
- 25. Encourage your child to read a biography of a person she admires.
- 26. Encourage your child to take a stand against cruelty. Teach him to treat everyone with respect.
- 27. Learn about your state or country's flag. What does it represent?
- 28. Tell your child what life was like 25 years ago.
- 29. Take your child out to breakfast before school. Talk about what you think the day will be like.
- 30. Suggest that your child start a book club with friends.



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# May 2009

## Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Let your child see you reading for pleasure.
- 2. See if your child can think of words that sound alike but mean different things. For example, *mail* and *male*.
- 3. Invite your child's friends over for a paperback book exchange.
- 4. Assign your child the responsibility of keeping up the grocery list.
- 5. Challenge your child to create a recipe and write it down.
- 6. Spend some extra time with your child today.
- 7. Challenge your child to name an adjective and an adverb.
- 8. Keep a supply of comic books, magazines and books in a bag for pool, sports and car trips.
- 9. Give your child three reasons why spending time with him makes you happy.
- 10. Ask your child what she'd like to change about the world.
- 11. Encourage your child to write a letter to a relative.
- 12. Do something unexpected for your child today.
- 13. Put photos in an album with your child.
- 14. Open the dictionary to a random page. What new words can you find there?
- 15. Talk with your child about his dream job.
- 16. Start a list of places your family would like to visit.
- 17. Ask your child to call several places where she would like to volunteer. She should get information from each.
- 18. Visit a nearby college and have a bite to eat in the cafeteria.
- 19. Attend a cultural event with your child, such as a concert.
- 20. Teach your child how to sew on a button.



- 21. Teach your child a three-step process for any job: plan, do, finish.
- 22. If you and your child could meet anyone from the past, who would it be? What questions would you ask?
- 23. Make a household rule as a family. Write it down, along with the consequence for breaking it.
- 24. Spend a few minutes thinking of things to thank each other for. Then write each other thank-you notes.
- 25. Check out a book on simple science experiments you and your child can try at home.
- 26. Take a trip to the library. Show your child a book you loved at his age. Offer to read it again if he reads it, too.
- 27. Suggest your child record key ideas from a chapter she's reading and play them back to study.
- 28. Bring a compass on a drive. Can your child tell you whether you're heading north, south, east or west?
- 29. Use math terms while talking with your child. For example, "This street is *parallel* to ours."
- 30. Give your child the facts about sex and discuss how values relate to the facts.
- 31. Teach your child a useful skill, like how to do laundry.

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