



Week 1: Cyber Essentials

What's on your cyberhero toolbelt? Get to know the basics of setting a secure starting point for your digital identity and online participation.

Things like managing your accounts and passwords, securing your personal information, and adopting multi-factor authentication are great ways to set a first line of defence against potential online trouble.

By being thoughtful about what information is shared online and with whom, Cyberheroes can successfully use the internet and digital technology for good, spreading positivity and respect – a true kryptonite to the virtual bad guys!



[Keeping Your Devices Secure](#)



[Defending Against Online Phishing Scams](#)



[Online Safety Basics](#)

Learn more with these resources



- Get to know the [online safety basics](#) for kids
- A more secure way to protect private data: [Multi-factor Authentication](#)
- Using [strong passwords or passphrases](#) and a [password manager](#) to keep track of it all
- If unsure, check [how secure is your password](#)
- Protecting your devices with antimalware and [keeping software up to date](#)
- [Adjusting privacy settings](#) on devices and apps