

H.W.C.A.A. PLAYING REGULATION 11.0
SWIMMING

Updated: December 7, 2016

1. AGES: Competitors must meet the age requirement as per H.W.C.A.A. Constitution By-Law 1. a). under 19, as of January 1 prior to the school year in which the competition is held. Competitors times will be classified based on O.F.S.A.A. age categories.

2. EVENTS: There will be competition for a H.W.C.A.A. champion. The swimmers will in a senior and open division . Specific events will be determined by meet convener and coaches based on number of entries and time allotment.

3. ELIGIBILITY: Competitors must meet the eligibility requirements as per H.W.C.A.A. Constitution By-Law 1. Competitors will be eligible for a senior or open division as is defined by O.F.S.A.A.

4. ENTRIES: Entries for boys and girls should be listed on the entry sheets provided, with an X in the space corresponding to the events in which they are competing. The principal shall designate a staff member from his/her own staff or a member from an attending school to accompany the schools competitor, be responsible for them and represent them at the coaches and scratch meetings. The scratch meetings will be held prior to the meet in which all scratches must be made in writing and coaches with scratches must be present during the scratch meeting. There will be no scratches after this time.

5. RULE BOOK: The C.A.S.A. rule book, as followed by O.F.S.A.A., with exceptions outlined in this Playing Regulation.

6. OFFICIALS: At the conveners discretion, and of the highest possible calibre. Each school MUST provide 4 minor officials who have been trained to assist with various minor officiating duties throughout the meet. Failure to provide these minor officials will result in the school not participating in the HWCAA championship meet.

7. UNIFORMS: Shall consist of a school team logo cap.

8. STARTING TIME: As per meet schedule (see H.W.C.A.A. constitution By-Law II.)

9. AWARDS: H.W.C.A.A. Championship-Points will be awarded ***to the top 12 finishers only in each*** event for determining team rankings for the overall champions.

We score top 12 individual (based on twice the number of lanes in the championship pool) and 1 relay per school at double the points as follows:

Place	Points (Individual)	Points (Relays)
1	20	40
2	16	32
3	14	28
4	12	24
5	10	20
6	8	16
7	6	12
8	5	10
9	4	8
10	3	6
11	2	4
12	1	2

- A) A trophy- for the winning team
- B) Gold medals- for each member of the winning team
- C) Gold medals- for individual event winners

10. G.H.A.C. REPRESENTATION: There is no officially scheduled G.H.A.C. Meet at this time. (Refer to G.H.A.C. agreement)

11. GENERAL REGULATIONS:

A) MEETS

1. Events and order of events to be determined by the coaches at fall meeting.