

Focus on Youth 2021
Theme descriptions for Rising Stars Culture-in-a-Box

Saturday Mornings

LACROSSE CAMP

This virtual camp experience will provide young athletes with an opportunity to develop athletic and FUNdamental lacrosse skills, with coaching and instruction from an all-star professional lacrosse player and National Lacrosse League (NLL) Champion, Johnny Powless. Athletic movements and lacrosse skills will be emphasized through creative and fun activities, carefully planned to be possible within the safety of your home. *All equipment and supplies will provided.

Dates: July 10, July 17, July 24, July 31 and August 7

Session 1 Time: 10:00-11:00 (grades 3-4)

Session 2 Time: 11:30-12:30 (grades 5-6)

Week 1: July 6-9

INDIGENOUS ARTS, SPORTS & CULTURE

Indigenous Arts, Sports, & Cultures Camp offers an encouraging environment to discover and explore native arts, culture, games, and activities, led by Indigenous staff and First Nation community members and partners. Students will make native crafts, play indigenous games, be entertained through cultural performances, and much more.

Grades: 1-3

Time: 10:00-11:30AM

CULTURAL ARTS & CRAFTS

This interactive camp will engage students in arts and crafts from cultures around the globe as they explore the world around them. This hands-on camp will give your young artist the opportunity to apply various art mediums & concepts to create their own one-of-a-kind masterpieces.

Grades: 4-8

Time: 12:00-1:30

Week2: July 12-16

ACTIVE CULTURES & CONNECTIONS

The primary focus will be in facilitating active participation and fun, while developing foundational movement skills and enhancing knowledge and understanding of First Nation, Metis & Inuit cultures.

Grades: 1-3

Time: 10:00-11:30

NORTHERN SUMMER GAMES

This virtual 'northern Olympics camp' will engage children of all ages, as they participate in a series of challenges, and compete against their peers to achieve their personal best. Through these Arctic Summer Games, students will join us in creatively celebrating Indigenous sports, social interaction and culture. These traditional games will creatively connect students through shared experiences.

Grades: 4-8

Time: 12:00-1:30

Week3: JULY 19-23

CULTURAL ARTS & CRAFTS

This interactive camp will engage students in arts and crafts from cultures around the globe as they explore the world around them. This hands-on camp will give your young artist the opportunity to apply various art mediums & concepts to create their own one-of-a-kind masterpieces.

Grades: 1-3

Time: 10:00-11:30

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Grades: 4-8

Time: 12:00-1:30

Week4: JULY 26-30

ACTIVE CULTURES & CONNECTIONS

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Grades: 1-3

Time: 10:00-11:30

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Grades: 4-8

Time: 12:00-1:30

LITERACY LOOP - TRADITIONAL STORY TELLING

This creative and multi-media camp experience uses traditional poetry, song and story to engage and entertain participants. Literacy enhancing activities will be intentionally incorporated into creative games and challenges through the use of video, cinema, social media and more. Activities such as the use of story cubes, sharing circles, show and tell, reading and writing challenges, and more, will encourage healthy explorations and enhance literacy and learning skills.

Grades: 1-3

Time: 10:00-11:30

Week 5: AUGUST 3-6

ACTIVE CULTURES & CONNECTIONS

The primary focus will be in facilitating active participation and fun, while developing foundational movement skills and enhancing knowledge and understanding of First Nation, Metis & Inuit cultures.

Grades: 4-6

Time: 10:00-11:30

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Grades: 1-3

Time: 12:00-1:30

ADVENTURES IN LAND BASED LEARNING

This creative and virtual approach to land-based learning will offer engaging activities that help students relate to those around us including; the winged-ones, the four-legged, the water, soil, rocks, the Land, plants and medicine.

Grades: 3-6

Time: 10:00-11:40

Week 6: AUGUST 9-13

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Grades: 3-6

Time: 10:00-11:30

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